



## A Fall Weekend Full of Adventures in the Great Outdoors in Cape Girardeau, MO

### Friday

Welcome to Cape Girardeau! **VisitCape.com/Stay** has a complete listing of lodging including a breakdown of campgrounds, from primitive sites to RV parks packed with amenities.

**VisitCape.com/Eat** is your guide to dining while you're here.

### Saturday

#### Morning

Head over to the **Cape Girardeau Conservation Nature Center** and get hands-on with nature at the animal print tracing station, the wildlife viewing areas and the aquariums. White Oak Trace is a wonderful little trail system with a variety of terrain and different legs of trails that string together a new experience every hike; don't miss the Maple Hollow loop. Bring your discs - an 18-hole disc golf course is located steps away.

**Hours:** Tues.-Sat. 8 a.m.-5 p.m. **Address:** 2289 County Park Dr., Cape Girardeau

**Cost:** Free **Contact:** 573-290-5218

#### Afternoon

Rent a bike and hop on a trail! The **LaCroix Recreation Trail** takes you through the middle of Cape Girardeau with tons of access points, and you can bike downtown and jump on the **Riverfront Trail** that runs along the Mighty Mississippi.

**Hours:** Trails open daily during daylight hours; bike rentals available at Cyclewerx Monday-Saturday, 9 a.m.-6 p.m.

**Address:** LaCroix trailhead is at 1720 Kingsway Dr., Cape Girardeau; Riverfront Trail accessible from Broadway/Water streets, Cape Girardeau; Cyclewerx is found at 1407 N. Kingshighway, Cape Girardeau **Cost:** Trails are free, bikes rent for \$35/day **Contact:** 573-335-1631 for trails and 573-334-4474 for bike rental

Watch the day come to an end at the **Old Bridge Overlook Park**, with views of barges headed up and down river from the art deco portal of the 1928 "Gateway to the Ozarks" bridge.

**Hours:** Dawn-Dusk **Address:** Intersection of Morgan Oak and S. Spanish streets, Cape Girardeau **Cost:** Free **Contact:** 573-335-1631



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### Sunday

#### Morning

Only 11 miles north of Cape Girardeau's downtown, **Trail of Tears State Park** features some of Missouri's most breathtaking scenery. A fully accessible overlook with stunning views of the Mississippi River is not to be missed, and the Sheppard Point Trail and Lake Trails offer shorter hikes while the Peewah Trail weaves through the 1,300-acre Indian Creek area and offers river views at multiple points.

**Hours:** Visitors Center open 10 a.m.-4 p.m. Saturdays and 12-4 p.m. Sundays in April and November; 9 a.m.-5 p.m. Wed.-Sat. and 12-5 p.m. Sundays May-Sept.; 9 a.m.-5 p.m. Thurs.-Sat. and 12-5 p.m. Sundays in October. Park open 7 a.m.-10 p.m. April-Oct. and 7 a.m.-6 p.m. Nov.-March. **Address:** 429 Moccasin Springs, Jackson, MO **Cost:** Free **Contact:** 573-290-5268

#### Afternoon

Walk across one of only four covered bridges remaining in the state at **Bollinger Mill State Historic Site**. This rustic setting a pretty 30 minute drive from Cape Girardeau offers a memorable picnic spot under mature trees on the banks of the Whitewater River. Tour the four-story mill and take the short hike to the Bollinger family cemetery tucked away in the forest.

**Hours:** March 15-Nov. 15, 10 a.m.-4 p.m. Mon.-Sat.; 12-4 p.m. Sundays. Nov. 16-March 14, 10 a.m.-4 p.m. Mon.; 12-4 p.m. Thurs.-Sat. & Sundays. Grounds open daily; closed New Year's, Easter, Thanksgiving & Christmas days. **Address:** 113 Bollinger Mill Rd., Burfordville, MO, a 35-minute drive from Cape Girardeau. **Cost:** Free-\$5 **Contact:** 573-243-4591

### Thank you!

Thanks for spending time with us in Cape Girardeau - we hope to see you again soon! Share your adventure - tag your pictures with **#VisitCape**, we'd love to join in on the fun. More information on a weekend of outdoor adventures is available here:

[visitcape.com](http://visitcape.com)

[/GreatOutdoors](#)